Simulation modeling on the Macintosh using STELLA

Simulations of complex systems were among the first applications of high-speed computers. Their computing power allowed the construction of mathematical models to describe the behavior of systems such as industrial plant operations, extensive ecosystems, or even the arms race. However, writing and debugging the software for simulations has been a tedious and time-consuming task. The beginner needs a strong mathematics background and at least a semester of instruction. These requirements have limited the people who can afford simulation modeling. Biologists without exceptional mathematical prowess were generally wary of simulation as a scientific tool. However, STELLA, a new software package for the Macintosh, has greatly eased model building for the biologist.

STELLA allows the user to design and run a fairly elaborate model in only a fraction of the time that is usually required, without using a programming language. The program has its limitations, but it performs with style and grace. STELLA takes advantage of the Macintosh graphic user interface by using symbols, windows, and menus to design and run simulations.

Operation

At the start of the program, the diagram window is displayed as shown in Figure 1. The symbols listed along the lefthand side of the screen are manipulated with the mouse as in MacPaint and other Macintosh programs. STELLA uses symbols that are based on a set designed by Jay Forrester of the Massachusetts Institute of Technology. This graphic language, known as systems dynamics, has become popular among modeling practitioners as a way to define and communicate a model’s structure.

To illustrate how a model is developed and run, I will describe one that simulates water flow in and out of a bathtub. When doing a simulation, the first step is to decide which variables describe the system. These state variables, or levels, could be the amount of water in a storage tank, the amount of money in your bank account, or the number of nuclear warheads in the US arsenal. In Figure 1, the state variable, WaterLevel, describes the volume of water in our bathtub. In STELLA, the box symbol represents the state variable, and a variable is defined by moving the symbol to a desired location on the screen and typing in a name.

Determining how the state variables of the system change with time is conceptually very simple: the rate of change of a state variable is equal to what comes in minus what goes out during a given time period. In STELLA, the flow symbol specifies inflow and outflow. One uses the mouse to grab the flow symbol and drag it into a variable box to define an inflow or away from a variable box to define an outflow. The equations that govern the rates of flow are indicated by the circles below the flow lines. For example, Figure 2 shows an inflow to WaterLevel called Faucet and an outflow called Drain. The drain rate is set proportional to WaterLevel by using the input link symbol to connect Drain to WaterLevel. The circle symbol is used to create auxiliary variables, the dynamite symbol is used to eliminate links in a model diagram, and the ghost symbol is used to put symbols in the background to reduce clutter on the screen. The diagram can extend over several pages and can

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Figure 1. Diagram window with symbols named and a state variable called WaterLevel created.
be expanded or contracted. To display parts of a large model diagram, one can scroll horizontally or vertically.

After defining the links among variables graphically, STELLA indicates where other information is required by marking the appropriate symbols with question marks. For example, the numerical starting values for each state variable must be entered and the form of the rate equations must be defined. To eliminate a question mark, one points to the symbol to display a dialog box. In Figure 3, the window displays the variables that have been connected to the rate circle in the system diagram. The starting volume of water in the tub must be entered, and the relationship of the drain rate to the water level must be defined. Rates can be set using a variety of built-in functions to define constant, stepped, pulsed, or other rates. In addition, a rate definition may include conditional (if . . . then) statements.

Starting values and relationships may also be defined graphically or numerically using the become graph option in the dialog box. Selecting this option displays a graph pad and table that can be used to define the relationships among the variables. For example, after naming the axes on the graph, the relationship can be defined with the mouse simply by entering the points of a curve. Alternatively, numerical values for the data points can be entered in the table. The program then interpolates values between the points.

In our bathtub model, I have specified the faucet inflow rate as a constant at 20 (gal/min), and the drain outflow as the product of a constant -0.1 (/min) times the WaterLevel (gal). (STELLA does not check the consistency of units; that is the responsibility of the user.) Entering this information removes all question marks from the system diagram; we can now run the model. Scaling for the graphic output can be done manually or automatically. Automatic scaling uses the maximum and minimum values for each variable from the first run of the model. We can specify which variables we want plotted. Up to four variables can be plotted on each sheet of the graph pad, and the number of sheets is limited only by the available memory. In addition, there is the option to plot the change over time of one variable against the change of another variable. The graphic output for the bathtub model is illustrated in Figure 4.

In addition to the diagram and graph windows, STELLA has a table window for displaying numerical output, and an equation window for displaying the mathematical relationships of variables in the model in the current system diagram. Other options include selection of the integration method (Euler, second order Runge-Kutta, or fourth order Runge-Kutta), the time step, the integration start and end time, and the numeric format for output.

The real advantage of STELLA is the ease with which one can change the model and see the effects of those changes on the system's behavior. For example, if we wanted to see how our
bathtub would respond to a stepped rather than a constant rate inflow, we would simply return to the diagram window, redefine the faucet inflow rate to be a constant plus a stepped rate and specify the start time and step height. I've used two steps in the example, one starting at 20 minutes with a height of 10 gallons and one starting at 30 minutes with a height of -25 gallons. We then return to the graph pad window, start the simulation, and watch the graphical output (see Figure 5).

Adding another state variable to the model is also easy. One can build up complex models in stages, checking the results at each stage. The only limits to model size are memory capacity and time—simulations take longer as the size and complexity of the model increase. I've had no problems using a Macintosh with 512K memory to run models with more than 30 variables.

Applications

Programs such as STELLA may change simulation modeling the way spreadsheets have changed financial analysis. Such interactive programs make the computer handle the details and free the user to concentrate on the problem. In addition, STELLA reduces model development time by at least an order of magnitude. This time savings makes simulation modeling feasible for the average research scientist. One, of course, needs to be cautious when interpreting the results of simulations. As is true with statistics, misuse or misinterpretation of the results will lead to erroneous conclusions. The responsibility lies with the user.

Improvements

A feature making STELLA even stronger has been incorporated into business and academic versions recently released. It allows the storing or export of data, diagrams, graphs, and equations. The stored data can be further analyzed by other programs. In addition, the user can employ other Macintosh programs like MacDraw to add more details to the model diagram. Previously one could print directly from the program or produce a file containing the screen image that can be manipulated further. (I used this method to produce the figures for this article.)

Improvements that would further increase the program's usefulness include:

- Automated parameter optimization. When dealing with actual experimental data, the program would adjust the relationships among variables in the model to minimize differences between the model's prediction and the real data.
- Modification of graphic symbols. The user could change current symbols or use other diagrammatic languages.
- Faster numerical integration routines. The program, written in PASCAL, seems slow compared with

![Figure 4. Graph pad output for the bathtub model with a constant input from the faucet.](image)

![Figure 5. Graph pad output of the bathtub model with a more complex step function input.](image)
The reactor may be placed in disposable, and hold from 1 to 1000 ~1. Circle a tissue culture hood during operation and will adjust itself to any cycle number. Transfer occurs in a controller precisely regulates amplification, pulse number, burst time, and isotope settings. The instrument has programmable user files and preset isotope pairs and ratios. Options include the Beckman Data Capture software package for IBM PCs. Circle 784 on the reader service card.

Conclusions

STELLA is a solid program—well planned and executed—that breaks new ground. The program’s ease of use makes it a good learning tool for the beginner, and the experienced user will find it valuable for testing ideas that can be incorporated into more complex models. Anyone interested in simulation modeling should consider it.

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